

**WINTER SEED SOWING**

*An easy way to start seeds OUTDOORS in January, February & March*

**SEEDS** (Hundreds of seeds available in catalogs & displays. A few are listed below.)

Annuals: marigolds, cosmos, calendula, salvia, celosia, zinnias

Perennials: black eyed susans, bee balm, daisies, echinacea, coreopsis

Vegetables: lettuce, arugula, tomatoes, cucumbers, peppers, eggplant

**SOIL (GROWING MEDIUM)**

No garden soil, bagged soil, or compost to avoid DAMPING OFF

Potting MIX: excellent Potting Soil: very good

**CONTAINERS**

1. FIND clear or semi transparent containers deep enough to hold 2-3 inches of potting mix. (Recycle milk jugs, juice, water containers, produce and takeout clamshells)
2. RINSE/CLEAN
3. Make 4-5 drainage holes in bottom. Make holes in top/ take off cap
4. Cut an opening about 2 inches ABOVE where potting mix will be
5. Moisten potting mix. Place in container
6. Plant seeds (depth related to size, earliest to transplant first)
7. Tape cut opening
8. LABEL container

9. Set OUTSIDE. Needs sun, rain/snow, good drainage, secure spot so not blown over by the wind

Seedlings will emerge in spring. Be patient. Transplant to the garden when temperatures outside are favorable for that plant

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